



CALVIN & SUSIE

Hawaii's Place for Healthy & Happy Pets

Latest Store News

New Treats in Stores:

- Duck & Cranberry Bounty Bites from Wild Meadow Farms.
- Grandma Lucy's Oven Baked Dog Treats in Organic Coconut
- Duck Sausage Recipe and Chicken Sausage Recipe from Natural Value and Loving Pets

Calvin & Susie Chicki Jerky treat, now available at Kapahulu and Kailua.



A chewy treat made from nothing but chicken. Lovingly made in Honolulu .

Event Calendar

Veteran's Day Friday, Nov 11:
Kapahulu and Kailua stores close at 5pm.

Thanksgiving Holiday Schedule:

Wednesday, Nov 23:
Kapahulu - 3pm early close
Kailua - Closed

Thursday Nov 24: Both
Locations closed, Happy Thanksgiving!

Friday, Nov 25: Normal Hours



DO FRUITS AND VEGETABLES BELONG IN A DOG'S DIET?

by Louise Hung

Every night my dad sits down in front of the TV to watch Friends reruns (Joey is his favorite), and share an apple with La. La is my mom and dad's Dachshund-mix rescue dog.

My dad peels the apple and slices it up thin. Every few slices, La gets a slice. Dad gets a couple slices, La gets a slice. And on it goes until the Friends have learned their lesson or the apple is gone. La loves his apple treats.

When Mom and Dad first got La and they realized his love of apples, my ever-vigilant mom asked La's veterinarian if apples were OK for him. La's vet said that apples were actually a good, healthy treat for La, as he has the propensity to put on weight. Combined with a nutritious meat based diet, a couple small apple slices a day have worked really well for La.

Do dogs need fruits and vegetables added to their diet?

If your dog is eating a food that is AAFCO approved for their specific age (puppy, all life stages, senior, etc.), then no they do not. The food has been approved to meet the basic nutritional needs of your dog; it is not lacking in vital nutrients. And don't worry, if you bought your dog's food from a store, it is highly unlikely that it is AAFCO approved.

Calvin & Susie Thanksgiving

Participate in Calvin & Susie's Cornucopia Thanksgiving Basket Giveaway. Fill out a slip in stores November 7th - 20th for a chance to win a gift basket filled with turkey, sweet potato, and pumpkin treats! The basket retails at \$70 and winners will be drawn on Monday, Nov 21. There will be one winner per store. *Must enter in store / One entry per customer.



Also come join us on November 22 for a Thanksgiving Treat! We will be serving Pumpkin Lattes; made with Primal Raw Goat Milk and Nummy Tum Tum Pumpkin Puree. Yummy!

New & Featured Products

Calvin & Susie Pet Aloha Bed

Introducing our new Calvin & Susie Green Banana Leaf bed. Pamper your pet in style with our Honolulu-made pet beds.

Covers are 100% cotton, upholstery-grade, and machine washable/tumble dry. Our beds are available "nap ready" with stuffing, or without stuffing for customizable comfort and easy packing.

Calvin & Susie also offers an option of purchasing the beds filled with soft but supportive SustainaFill™ Recycled Fibers. We provide enough allergy-free, eco-friendly stuffing so the bed can be customized to suit your pet's comfort.

A great way to add a touch of aloha to you and your pet's life!



If you make your dog's food at home (preferably under the guidance of a vet) you probably add some sort of plant matter into the food for fiber, antioxidants, starch, etc.

But beyond a balanced diet your dog doesn't technically need additional fruits or vegetables. In fact, overdoing it on some fruits or vegetables in your dog's diet could adversely affect their health, leading to stomach upset or even toxicity. Unlike humans, dogs fare much better with an almost exclusively meat-based diet; that is just how their digestion and physiology work.

Just look at your dog's teeth, they are sharp, made for breaking down flesh and bone. Their jaws move in an up and down motion, not a plant-grinding, side to side motion. Their teeth, unlike a horse's or cow's are not flat. And unlike humans, they do not have a combination of sharp canine teeth and "boxy", flat molars.

Additionally, a dog's saliva does not contain amylase, the enzyme necessary for breaking down plant matter. A dog's digestive system does not produce amylase until the small intestine and pancreas. This lack of salivary amylase (present in herbivores and omnivores), along with a shorter digestive tract, makes it harder for dogs to properly break down starch found in plant matter. If your dog is fed too much plant matter, it can result in gas, stomach upset, diarrhea or constipation, or large stools with undigested plant matter.

Basically, everything about your dog's body indicates that he has evolved as a carnivore.

However, that does not mean your dog can't benefit from fruits and vegetables in moderation.



Think of fruits and veggies as treats.

The treats you give your dog should ideally have some nutritional value, should taste good to them, might have some therapeutic or supplemental value, and should only make up about 10 percent of your dog's total diet. Think of it this way: just because your dog might LOVE the chicken treats you give him with added glucosamine for his joints, doesn't mean you'll give him the whole bag. He wouldn't love those chicken treats so much then. (Read the full post at [The Calvin & Susie Blog!](#))

Note: Always check with your vet before making any changes to your pet's diet or lifestyle. The Calvin & Susie Blogger always researches to the best of her ability, but she is not a vet. This blog is not in any way meant to replace veterinary advice or care. When in doubt, always ask a vet.

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